MYTHS & LEGENDS of Werewolves throughout the world and throughout the centuries. Snippets from ancient tales that fed the superstition. Werewolves in history, recorded incidents from the Middle Ages to the recent past, Werewolves in books and movies and in the modern age. As always in this series, well-researched, illustrated, and beautifully-produced.

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Gnomes and Gardens
The Angel Companion
etc etc etc

see also VAMPIRES & WITCHES by the same author

Published by FACTS, FIGURES & FUN, an imprint of AAPPL

Distributed by TURNAROUND (visit our website at www.turnaround-uk.com)
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COMMON CAUSES OF BECOMING A WEREWOLF

Being bitten by a werewolf
Inheriting the condition from a parent
Being a seventh consecutive son or daughter
By choice and the use of magic potions or belts
Drinking water from a wolf’s footprint
Drinking water downstream from a wolf
Eating the flesh (particularly the heart) of a wolf, or something it has
killed (though in some places this is said to have the opposite effect
of strengthening the eater against all kinds of devilry)
Eating human flesh, especially that of violent criminals
Being cursed by a sorcerer (or troll in Scandinavia)
The Werewolves are mystical shapeshifting beings, turning into wolves or humanoid wolves. Though they were created only circa 8,000 BC, following the post-Hyborian cataclysm, there were mentions of them and even known werewolves in the Pre-Cataclysmic and the Hyborian Age. Like many super-natural races that exist on Earth, the true origins of werewolves is shrouded in mystery. Further there are many other species that have similar characteristics. In folklore, a werewolf (Old English: werwulf, "man-wolf"), or occasionally lycanthrope (Greek: λυκάνθωπος lukánthrōpos, "wolf-person"), is a human with the ability to shapeshift into a wolf (or, especially in modern film, a therianthropic hybrid wolf-like creature), either purposely or after being placed under a curse or affliction (often a bite or scratch from another werewolf) and especially on the night of a full moon. Early sources for belief in this ability or affliction, called Werewolves. Although Gervase of Tilbury wrote in 1211 that werewolves were common in England, the examples he then gave are all French; there are no werewolf tales in English folklore, presumably because wolves have been extinct here for centuries.